



**MALAYSIAN 5s HOCKEY LEAGUE 2026
(TEAM STANDING)**

MEN GROUP A

TEAMS	KUALA LUMPUR	PULAU PINANG	PERLIS	SABAH	SARAWAK	W	D	L	P
KUALA LUMPUR	-	8 - 4	6 - 6	7 - 5	16 - 1	3	1	0	10
PULAU PINANG	4 - 8	-	10 - 4	9 - 6	14 - 0	3	0	1	9
PERLIS	6 - 6	4 - 10	-	8 - 7	7 - 3	2	1	1	7
SABAH	5 - 7	6 - 9	7 - 8	-	10 - 3	1	0	3	3
SARAWAK	1 - 16	0 - 14	3 - 7	3 - 10	-	0	0	4	0

MEN GROUP B

TEAMS	PAHANG	PERAK	KELANTAN	TERENGGANU	NEGERI SEMBILAN	W	D	L	P
PAHANG	-	4 - 4	2 - 2	7 - 3	4 - 1	2	2	0	8
PERAK	4 - 4	-	6 - 6	7 - 4	5 - 3	2	2	0	8
KELANTAN	2 - 2	6 - 6	-	5 - 5	10 - 7	1	3	0	6
TERENGGANU	3 - 7	4 - 7	5 - 5	-	7 - 5	1	1	2	4
NEGERI SEMBILAN	1 - 4	3 - 5	7 - 10	5 - 7	-	0	0	4	0

WOMEN GROUP

TEAMS	NEGERI SEMBILAN	PAHANG	PERAK	PULAU PINANG	KUALA LUMPUR	SARAWAK	W	D	L	P
NEGERI SEMBILAN	-	4 - 7	10 - 4	9 - 0	8 - 2	11 - 1	4	0	1	12
PAHANG	7 - 4	-	2 - 3	13 - 6	6 - 2	12 - 0	4	0	1	12
PERAK	4 - 10	3 - 2	-	7 - 5	13 - 4	16 - 1	4	0	1	12
PULAU PINANG	0 - 9	6 - 13	5 - 7	-	9 - 4	12 - 2	2	0	3	6
KUALA LUMPUR	2 - 8	2 - 6	4 - 13	4 - 9	-	11 - 0	1	0	4	3
SARAWAK	1 - 11	0 - 12	1 - 16	2 - 12	0 - 11	-	0	0	5	0